





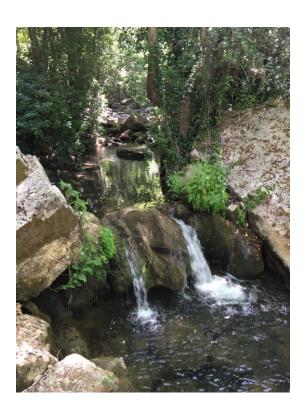




Conducting MINARET Value Chain Mapping & Identifying Project Specific Stakeholder Capacity Building Needs

Under the Framework of

MENA Region Initiative as a model of NEXUS Approach and Renewable Energy Technologies (MINARET)



June 2019

Prepared by

Al-Shouf Cedar Society with technical support by MORES s.a.r.l.











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List of Acronyms

ACS Al-Shouf Cedar Society

EBML Establishment of the water of Beirut and Mount Lebanon

EU European Union

FAO Food and Agriculture Organization

FMCS Federation of Shouf Es-Souayjani Municipalities

GP Green Plan

IUCN International Union for Conservation of Nature

LARI Lebanese Agricultural Research Institute

LRA Litani River Authority

MENA Middle East and North Africa

MINARET MENA Region Initiative as a model of NEXUS Approach and Renewable Energy

Technologies

MoA Ministry of Agriculture

MoE Ministry of Environment

MoEW Ministry of Energy and Water

MoPH Ministry of Public Health

MORES Management Of Resources and Environmental Solutions

NA Not Available

NGO Non-Governmental organization

NWSS National Water Sector Strategy











USD US Dollars

WB World Bank

WWTP Waste Water Treatment Plant

km kilometer

km² squared kilometer

\$ US Dollars











1 Introduction

1.1 Background

The MINARET project (MENA Region Initiative as a model of NEXUS Approach and Renewable Energy Technologies) offers a framework of a regional strategy that aims at assisting the local authorities, municipalities, private sectors and civil society in: 1) achieving sustainable development; 2) facing the challenges posed by the fast population growth, scarcity of energy and water resources and regional instability; and 3) combatting poverty, unemployment and the growing demand for energy, water and food. The MINARET addresses sustainable development through the NEXUS approach, which consists of creating balance between energy, water and food, by managing these resources in an integrated way, essential for human wellbeing. It is being implemented in Lebanon, Jordan and Tunisia.

In Lebanon, Jdeidet El Shouf was selected for the implementation of the MINARET project. It is located in the Shouf District, Mount Lebanon Governorate **Figure 1-1** and is a member of the Federation of Shouf Es-Souayjani Municipalities (FCSM).

As part of the MINARET, assessment studies covering Renewable Energy, Energy Efficiency, Water, Agriculture, Socio-economic, Stakeholder Mapping and Gender were conducted in each of the Project countries. These studies constituted situational baselines which allowed the proposition and selection of projects that follow the NEXUS approach and contribute to socio-economic development. In Jdeidet El Shouf, the assessments and stakeholder consultations led to the selection of a water pilot project.













Figure 1-1 Satellite Imagery Showing the Location of Jdeidet El Shouf in Lebanon (Google Earth, 2019)

1.2 Water Pilot Project in Jdeidet El Shouf

Agriculture in Jdeidet El Shouf historically constituted a major of income to the population. However, several factors contributed to the regression of the sector, which has become to most of the farmers and land owners a self-sufficiency practice.











Under the framework of the MINARET, a water pilot project was selected with the main objective to provide sustainable water supply for irrigation as to revive agriculture near the Barouk River in Jdeidet El Shouf. The existence of infrastructure (such as the old terraces, old dams and canals along the river) and the willingness of local stakeholders, (municipality, NGOs, land owners and farmers) were main criteria for the selection of the project, which consists of two parts:

- 1. Upper Area: where the channels and existing micro-dam along the river need rehabilitation, and existing canals to be interconnected. The dam and canal system would transfer the water by gravity to agricultural areas.
- Lower Area: an irrigation water storage (reservoirs in individual plots) and irrigation system
 would be installed to serve individual agricultural farms. The project includes the installation of
 a PV powered pumping system that transfers river water to the reservoirs installed in agricultural
 plots.

The revival of agriculture in Jdeidet El Shouf, by ensuring sustainable water resources and their supply using energy efficient techniques, would lead to socio-economic development, through the provision of a second source of income for the population from the sale of agricultural products, and the potential agrotourism activities that are expected to develop, mainly due to the village's location near the buffer zone of the Shouf Biosphere Reserve (SBR), as well as the location of its agricultural areas on the riverbank of the Barouk river, which includes a riparian habitat are considered an added value to ecotourism .

1.3 Project Objective

The "Value Chain Mapping & Identifying Project Specific Stakeholder Capacity Building Needs", further referred to as "the project", project aims at ensuring the proposed water pilot project will have a "real and tangible" impact on the local community through its two main components:

1. Value Chain Mapping and product definition for Pilot Projects resulting in Detailed Project Documents, focusing specifically on product(s) definition and development.











2. Stakeholder Engagement & Project-specific Capacity Building Plan: mapping with stakeholders their roles, responsibilities, current capacities and needed capacities to be built through MINARET Project that will enable them to successfully perform their role

1.4 Report Structure

This report presents the results of the "Value Chain Mapping & Identifying Project Specific Stakeholder Capacity Building Needs" project; it consists of the following sections:

- Chapter 1: Introduction, current chapter
- Chapter 2: Approach and Methodology
- Chapter 3: Agricultural Development and Agritourism
- Chapter 4: Project Specific Capacity Building Needs
- Chapter 5: Tourism Charter
- Chapter 6: Conclusion











2 Approach and Methodology

2.1 Stakeholder Validation

The project team based their work on available studies conducted under the framework of the MINARET project, mainly the Stakeholder Analysis Report which identified and mapped stakeholders involved in the Water-Energy-Food Nexus in Jdeidet El Shouf as well as on a regional and national levels. The list was then amended and developed based on the meetings, interviews and workshops conducted as part of this project and to include potential players in sectors expected to grow as a result of the MINARET project such as the agri-tourism sector.

2.1 Stakeholder Validation

Table 2-1 List of Stakeholders Involved in the Project

Stakeholder Group	Stakeholders	Level
Local population and	Farmers	Local
Community	Land Owners	Local
	Residents of Jdeidet El Shouf	Local
	Popular committees – Jdeidet El Shouf/Baqaata	Local
NGOs	Jdeidet El Shouf - Baqaata Women Organization	Local
	LANA Youth Organization	Local
	Shouf Biosphere reserve (SBR)//Al-Shouf Cedar Society (ACS)	Regional
	Green Orient	Regional
	Traders Association of Jdeidet El Shouf-Baqaata	Local
	Other Active NGOs	Local/ Regional/ National
Local Authorities	Municipality of Jdeidet El Shouf	Local
	Neighboring Municipalities	Local
	Federation of Shouf –Es-Souaijany Municipalities	Regional











Stakeholder Group	Stakeholders	Level
National and Regional	MoA – LARI Baaqline	Regional
Authorities	MoA – Center for Agriculture Guidance (Deir El Kamar)	Regional
	MoA – Forest Center - Beiteddine	Regional
	MoA – Green Plan	National
	MoEW- Establishment of The Water of	Regional
	Beirut and Mount Lebanon (EBML)	
	MoEW – Electricite Du Liban (EDL)	National
	MoEW – Lebanese Center for Energy Conservation (LCEC)	National
	Investment Development Authority of Lebanon (IDAL)	National
	Ministry of Tourism - Higher Commission for tourism management	National
	Ministry of Finance (MoF)	National
	Ministry of Economy and Trade (MoET)	National
Private Sector	Restaurant Owners	Local
	Guesthouse/Bed and Breakfast Owners	Local
	Tourism Agencies	Local /National/ Regional
	Private Renewable Energy Technologies Providers	Local /National/ Regional
	Other Private Service Providers	Local /National/ Regional
	Banks	Local /National/ Regional
Funding Institutions	Economic and Social Fund for Development	National
Academia	Schools, Universities and Other Educational Institutions	Local /National/ Regional
Media	TV stations, newspapers, magazines, websites, social media pages	Local /National/ Regional
International Organizations	United Nations Development Program (UNDP)	International
/International Donors	Food and Agriculture Organization of the UN (FAO)	International
	International Donors	International











2.2 Stakeholder Engagement and Project Design

The project team conducted a baseline assessment of Jdeidet El Shouf's potentials and assets for agricultural and agritourism development. The assessment identified the area's agriculture related opportunities and potential touristic destinations. It concluded that the area has a great potential for adopting the concept of agro-ecology (described in the following sections), which can be invigorated through the rehabilitation of agricultural land and infrastructure, capacity building and technical guidance, and subsequently, developing tourism around that concept, while accounting for historical, traditional and cultural sites of Jdeidet El Shouf.

In the development of this project, the team adopted a participatory approach involving stakeholders in all stages of the project cycle and ensuring common understanding of the NEXUS approach, and of equal opportunities for the various groups (societal, gender, etc.). The team wanted to ensure that educated decisions are taken and that plans are developed based on common-knowledge of equal opportunities. Accordingly, the team introduced the concepts of sustainable agriculture and tourism to stakeholders in the early stages of the project through workshops and meeting.

Stakeholders, mainly those directly affected by the project, were consulted and involved in decision making including among others the selection of activities, agricultural practices, and main tourism destinations; in addition to the identification of stakeholders potential roles and capacity building needs. The team believes the adoption of such an approach is essential to ensure ownership of the projects and therefore its sustainability.

The team built on their knowledge of Jdeidet El Shouf's community specificities, such as its composition, needs, tensions, strengths and existing networks between the various stakeholders to ensure everyone felt implicated in the project. During the 1st stakeholder workshop, an anonymous note was distributed to the participants to assess whether they felt implicated in the discussion and felt free to express themselves, and their opinion on subjects tackled during the workshop, and collect other information about participants such as age, level of education, farming activities, opinion on agro-ecology and











agritourism in Jdeidet El Chouf, and whether they thought other stakeholders should be included for the project. Data analyses revealed stakeholders' willingness for participation and commitment and, their understanding and of the project objectives as a whole. Moreover, the team made sure to contact stakeholders who could not attend the workshops to ensure their opinions are voiced and accounted for.

Special care was given to ensure gender mainstreaming during the execution of project tasks, mainly equal involvement of genders in the various stages of the project cycle, reflected in the active involvement of women and men in the workshops and meetings and in decision making.

Stakeholder Engagement was conducted through a series of interviews, one to one meetings, telephone conversations and stakeholder workshops to achieve the following, among others:

- 1. Inform stakeholders about the MINARET project and the current project;
- 2. Inform stakeholders about the principles of agro-ecology and agritourism;
- 3. Complement available data needed for the development of the project;
- 4. Identify Jdeidet El Shouf's potentials and assets in the Water-Energy-Food Nexus and its application in to agricultural development and agro-tourism;
- 5. Assess the community's willingness to adopt these types of projects (agriculture development and agritourism),
- 6. Identify available capacities and capacity building needs; and
- 7. Develop a project design.

The work of experts and the fruitful conversations and discussions held during the stakeholder consultations resulted in the elaboration of an agriculture and agri-tourism plan for Jdeidet El Chouf presented in the following chapters.

Error! Not a valid bookmark self-reference. Error! Reference source not found.lists the consultations held as part of the project, and **Table 2-3** summarizes the objectives and results of the stakeholder workshops.











Table 2-2 List of Stakeholder Consultations

Date	Stakeholders Met		
March 8	Potential Farmers of Jdeidet El Shouf (list		
	provided by municipality)- one to one meetings		
March 9- March 11	Potential Farmers of Jdeidet El Shouf (list		
	provided by municipality)- phone conservations		
March 14	MoA – Forest Center in Beiteddine(Civil and		
	Guard center)		
March 14	LANA Youth organization		
	Jdeidet El Shouf - Baqaata Women Organization		
March 14	Green Orient		
March 14	MoA - LARI		
March 14	Mayor Hicham Fatyri and municipality members		
March 14	Wissam Abou Daher (MoA)		











Table 2-3 Summary of Stakeholder Workshops

#	Objectives	Results	Notes
1 st Workshop	 Introduce stakeholders to each other Brief participants on the MINARET project and the results of the assessments conducted under its framework Introduce stakeholders to the principles of agro-ecology and agri-tourism Discuss Jdeidet El Shouf's potentials in agritourism, Propose activities and projects related to agritourism, Discuss and set criteria for prioritization of projects. 	 The criteria agreed on for the selection of projects is the following: 1. Land area 2. Private/public sectors (private sectors have more potential) 3. Economic value and benefit 4. Compatibility with environmental standards 5. Harmony with the neighboring area 6. Providing employment 7. Abiding by NEXUS standards 	110,000
2 nd Workshop	 Introduce the experts to the donors and MINARET PMU Prioritize projects based on selected criteria of the first workshop Introduce stakeholders to project planning, including the project cycle, and elements of project design 	 The proposed projects were: Building a botanical trail along the river side Manufacturing of agricultural products Organizing Fruit picking festivals Establishing agricultural cooperatives Providing animals (donkeys, mules) for transporting the crops form the field Establishing a pilot farm 	Obstacles that farmers are facing: 1. Stealing of crops 2. High cost of implementation of the suggested projects 3. Difficulty in marketing the products 4. Water scarcity 5. Difficulty in land accessibility Suggested solutions: 1. Streghthening tourism in Jdeideh











#	0	bjectives	Results	Notes
	4.	Propose projects for	7. Abiding by ago-ecology principles	2. Enhancing Souk El Ghalli in the coming years
		implementation in Jdeidet El	8. Starting a center for recycling agricultural	3. Founding agricultural cooperatives or a
		Shouf	wastes (composting)	farmers' association
			9. Installation water tanks for irrigation	
3 rd	1.	Discussion and development of	1. New agricultural practices were chosen for	Discussions held during the meeting revealed
workshop		agriculture rehabilitation project	the development of agricultural land which	an improved awareness among stakeholders of
	2.	Discussion and development of	include the rehabilitation of old stonewall	the principles of agro-ecology, agritourism and
		an agri-tourism plan	terraces, the use of multi-cropping and	sustainable development.
	3.	Identification of stakeholders	agro-ecology, the establishment of a	
		potential roles	composting unit, the establishment of a	
	4.	Identification of project-specific	unit to manage the project	
		capacity building needs		
4 th		1. Finalization of Project	1. The development of an agri-tourism plan for	
workshop		Designs	Jdeidet El Shouf based on the available assets,	
		2. Equitable activity and	and the proposition of potential future	
		revenue	developments that would be part of the	
		3. Finalize detailed project	project	
		designs including roles and	2. The proposition of a management unit	
		responsibilities of	allowing equitable chances to stakeholders	
		stakeholders for each task	3. Identification of capacity building needs	
		4. Generate a detailed scope of	based on the chosen projects	
		work for each stakeholder	4. establishing a municipal committee which	
		to clarify their roles and	supports the creation of an agricultural	
		prevent overlapping of	cooperative in the village. Its role is	
		responsibilities	management and implementation where ACS	
		5. Generate organizational	here acts as the DMO.	
		charts showing hierarchy in		
		the authorities attributed to		
		each stakeholder		















First stakeholder workshop



Internal meetings with experts







One to one meetings and field visits













Third stakeholder workshop











3 Agricultural Development and Agritourism in Jdeidet El Shouf

3.1 Introduction

As mentioned in the previous section of the report, the main objective of the water pilot project in Jdeidet El Shouf is to revive agriculture through the provision of a sustainable water source for irrigation. However, agricultural development in the area requires, in addition to the rehabilitation of the existing dam and canals and the installation of storage, conveyance and irrigation systems, the restoration of old terraces and the adoption of sustainable agricultural practices, such as the concept of agro-ecology.

The revival of agriculture in Jdeidet El Shouf, next to the existing riparian habitat on the riverbank of the Barouk River is considered an added value to ecotourism in the Shouf Biosphere Reserve, and provides an opportunity for the development of agro-tourism in the area. Agro-tourism, if well managed can become a flagship of sustainable development serving as a pilot project for water rational use, renewable energy solutions adoption, and healthy food production.

The value chain mapping presented in this chapter helps identifying the key activities recognized during the rounds of meetings with the local stakeholders while analyzing the strategic planning of agro-tourism in this valley, where the project will be implemented, which clarifies the way to potential projects and their competitive advantage.

3.2 Agro-Ecology¹

The project area is characterized by a Mediterranean climate, with hot dry summers, cool to cold wet winters, and recurrent extreme events, such as drought and heat waves. Throughout the millennia, Mediterranean ecosystems and their inhabitants developed adaptation strategies to cope with water

¹ Part of this section are extracted from unpublished guidelines developed by Al-Shouf Cedar Society and MORES in 2018: "Stonewall Terrace Restoration Guidelines", Al-Shouf Cedar Society & MORES, MoA/FAO, 2018











scarcity and environmental risks. However, a combination of factors ecological, socio-economic and cultural modifications has increased the vulnerability of Mediterranean socio-ecosystems, which is the case of Jdeidet El Shouf. In order to mitigate the adverse impact of eco-system degradation, and improve the resistance of these natural systems and the local communities, a number of rehabilitation practices can be implemented; they are presented in the following sections.

3.2.1 Stone Wall Terrace Restoration

Old abandoned terraces are the remnants of traditional agriculture practices adopted to use scarce water resources during the long Mediterranean dry summers. These terraces help percolate rain water into groundwater reservoirs instead of eroding precious soil with storm runoff to rivers and sea. By restoring old stone wall terraces, several socioeconomic benefits will be returned to landowners who will utilize their terraces to produce healthy agricultural products, for their own consumption and/or for the market. Villagers in need will find job opportunities working these abandoned lands.

The restoration of stonewall terraces and installation of water distribution and irrigation systems would provide the necessary infrastructure for agriculture development. The MINARET project through the "water pilot project in Jdeidet El Shouf is providing agricultural lands with a sustainable water source using renewable energies, as well as a reliable conveying system and storage system. Drip irrigation ought to be installed in individual plots to ensure a water saving and sustainable technology is used in the area.

Utilizing these abandoned terraces is possible if some kind of sustainable farming is followed, agroecology, which is a method of combining multiple varieties of plant production with multiple animal husbandry, in a way to recycle and reuse farm wastes.

3.2.2 Agro-ecology

"Agroecology shares much in common with other approaches to sustainable farming. Agroecology is farming that "centers on food production that makes the best use of nature's goods and services while not damaging these resources." Farming thrives when it works with local ecosystems, for example, improving soil and plant quality by converting available biomass of the farm refuse and other native flora into valuable compost and return it to the soil, rather than battling nature with chemical inputs.











Agroecological farmers seeks to improve food yields for balanced nutrition, strengthen fair markets for their produce, enhance healthy ecosystems, and build on ancestral knowledge and customs."

In support of agro-ecology, composting of left over organic matter should be practiced at all levels, so that organic wastes don't find their way to landfills, these material are rich in necessary plant minerals and must return to agriculture lands. Composting of sorted at source organic materials, shredded forest leaves and twigs, shredded agriculture biomass, all mixed with animal manure, to form a good balance of Carbon/Nitrogen ratio of 25/1, which is the best combination for an organic biomass to convert into good compost.

3.2.3 Marketing of Agricultural Products / Farmers' Market

To back up all the agriculture practices and to make agriculture production more profitable, farmers ought to find better markets for their products, and eventually better prices, the answer to this is farmers' markets. Supporting farmers' markets in the villages and small towns, will come with direct benefit to the small holder village farmers. First because they will be selling directly to the consumers and securing good and healthy food for the villagers. Farmer's market would be the secured market for the farmer's produce, it will play the win-win situation where the consumers seek better quality food free of pesticides and the farmers seek secured premium prices by excluding the middleman. In Jdeidet El Shouf, a farmers' market was established in the summer of 2018, under the name of "Souk El Ghali', in cooperation with ACS, SIF and the Bakaata Women Organization. Local producers got to market all of their products and farmers were given the chance to sell their produce to the consumers directly This market will again be implemented in 2019 and the coming years. This project could help in the improvement of the market by building the capacity of its management body and training the farmers of marketing, packaging, etc.

3.2.4 Project Financing

Seed money should be secured in order to help farmers start rehabilitating their lands, the money could be spent in cost share program, where the farmer contribute half of the cost, by volunteering his time, and his available resources, and portion of the cost.











It was suggested under the MINARET project that the profits generated by the Jdeidet El Shouf - Baqaata Women Organization from the sale of electrical power using the system provided by the MONARET project be used as seed money and as a rotational fund to support individuals and entities wishing to invest Water-Energy-Food Nexus initiatives, which would include sustainable agricultural development.

Another system that could be adopted in Jdeidet El Shouf is Community Supported Agriculture (CSA), where local households would pay a yearly premium share ahead of time and get a weekly bunch of what is available from the farm produce. In this way the farmers will secure seed money for a startup and the household will secure good agriculture produce for the rest of the year. The CSA shareholders will have the privilege to visit the farms and volunteer in the works, the CSA shareholders' children will have the opportunity to attend workshops to learn planting and composting.

3.2.5 Central Composting Unit

A common compost unit could be established, with the capacity to receive all the biomass from all stakeholders in the village including "vegetable refuse, fruit tree refuse 'shredded pruning', house vegetables wastes, animal manure for small husbandry and large animal farms, forest biomass, etc."

The composting unit, equipped with the necessary heavy machinery will shred, mix and compost the received biomass in a continuous process all year round and send the finished compost back to farms to be mixed with native soil.

The distribution of the biomass to farmers will be managed by a stipulated methodology, such as exchanging biomass for compost, or assign a price/weight for each kind of biomass and price for finished compost. In this way farmers will be incentivized to give their biomass to the compost unit and get back finished compost.

3.2.6 Agro-Ecology Farmers Cooperative

Members of the farmers' cooperative, in the valley of Jdeidet El Shouf will be trained in hands on training program, on methods of agroecology, to be able to produce high quality fruits, vegetables and animal products. The production process will follow agro-ecological techniques, first and foremost, enriching the











soil with plenty of organic compost 10 tons per 1000 m². Second, diversification of crop production ought to be the norm, by temporarily and spatially planting different kinds of companion crop and integrating animal production with plant production. The animals will help in reducing the volume of the biomass and provide the farm with nitrogen rich biomass through their manure.

3.3 Agri-Tourism Baseline in Jdeidet El Shouf

3.3.1 Tourism Trends in the Shouf Area

Traditionally, the Shouf area is a tourism destination in Lebanon since it nestles many cultural tourism landmarks of the country: the Beiteddine Palace, Deir el-Qamar national heritage village, Al –Moukhtara Palace, the Qasr Moussa museum, the restaurants hubs on Nabaa el-Barouk and Nabaa es-Safa springs. In 1996 the Shouf Cedars Nature Reserve was established, and another gem has, since then, been shaped enriching the various attractions in the area. Today the protected area is the leading site in the Shouf in terms of attraction and number of visitors with 87,000 in 2016, exceeding the historical Beiteddine Palace which received less than 73 000 visitors in the same year.

In the years 2000 ecotourism became very trendy in Lebanon (even though its concept, principles, purpose and implementation are still controversial topics), with the Shouf Biosphere Reserve keeping the leadership and pioneering on many levels of the ecotourism approach. And in the Shouf area the demand for tourism witnessed a clear expansion towards nature and villages. This is due to the strong bonds the park has built with the villages all around the protected area and beyond its administrative boundaries. Today an estimation of more than 20% of the global tourist arrivals (all types included) to Lebanon have the Shouf in their packages list.

Ecotourism, rural tourism and adventure tourism were developed and services like local hiking, healthy food, accommodation in guesthouses and village tours have seen the light in addition to traditional tourism in the Shouf. The continuous growth of these types of tourism is accompanied by a greener or more ecological dimension represented by a more mature management of the tourism activities in the park and in its surrounding villages. It is within this perspective that the agritourism project was proposed as a tool for sustainable development in Jdeidet el-Shouf.











3.3.2 Tourism in Jdeidet El Shouf

The results of the meetings and field trips with the local stakeholders in Jdeidet el-Shouf have shown different elements that can feed the potential agritourism project which responds to the MINARET needs under the NEXUS approach.

But before listing those findings, two aspects have to be clarified:

- 1. Jdeidet el-Shouf is not yet a tourism destination or even a tourism attraction by itself. The only curiosity that can be found in the town today is the "Martyre's Garden " known in Arabic as "Jounaynat al-Shouhada'" located near the municipality. It is a very beautiful philosophical garden designed with a holistic view over all aspects of life on earth and beyond. Founded by the master Kamal Joumblat in 1958, on a peaceful remote hill, as a memorial for the martyrs of the 1958 revolution, it is today surrounded by busy buildings, but once inside it perpetuates peace and serenity as wanted by its creator. Besides this garden, the old part of Jdeidet el-Shouf and its valley that reaches the Barouk river bank is a potential asset for agritourism projects, especially that the local community is keen about it.
- 2. Jdeidet EL Shouf has to be linked to its environmental and cultural surrounding attractions when planning for sustainable tourism. For example, an agritourism package in Jdeidet el-Shouf could be extended with the visit of the Shouf Biosphere Reserve or another village such as Baadarane, depending on the type of package and the needs and wants of the visitor.













Figure 3-1 Agritourism in Jdeydet el-Shouf Package Extended to its Natural and Cultural Surroundings

3.3.3 Findings Related to Agri-tourism Planning

The first mapping exercise of the project defined two potential agricultures for building agritourism activities in Jdeidet el-Shouf: The oregano crop and the honey. However, discussions held during stakeholders resulted in the selection of agro-ecology, which as explained in the previous section is based on multi-cropping, where oregano and honey could be produced among other products.

a) Human resources: Firstly, the strong mayor, Mr. Hisham al-Fatayri, leading the ship with clear determination to introduce sustainability in his area is an asset. He succeeded in using the energy oriented development projects efficiently for the good of his community. Secondly, the Jdeidet El Shouf - Baqaata Women Organization has a successful record in local development as they demonstrated efficient solutions for electric power generation covering the gaps of the government for many years now. Thirdly, many farmers have expressed their











interest in participating to the agritourism project; some have modest size lands such as Mrs. Nahed al-Fatayri who owns a piece of land near the river down the valley. She is keen to participate as an agritourism farmer, offering activities related to eco-farming, healthy food and accommodation in her wooden cabin. Other farmers have large size agricultural lands and are ready to cooperate on future activities and packages of agritourism. For example, to show eco-farming methods or to participate in seasonal harvesting or fruit and vegetables picking.

- b) Natural resources: A luxuriant green valley lays below the village and reaches the banks of the Barouk river, with a series of small size agriculture terraces. It overlooks the villages of Moukhtara, Aain Qeny and Ammatour located on the southern bank of the Barouk river. Obviously, in this valley the water element is present. It is found in the form of small water sources, old reservoirs and the river water, supported by old water dams and canal for irrigation that needs rehabilitation.
- c) Cultural resources: Water element has supported the development of water mills. Those traditional renewable energy "old factories" related to the local agriculture and local traditional crops. In parallel, old bridges linking the villages on both sides of the river are still used by wanderers. Those wanderers are sometimes hikers walking the old walking trails part of the Barouk trail, delineated lately by the Shouf Biosphere Reserve from the very beginning of the Barouk water spring to the very end of the river at the level of the Mediterranean Sea where it is called Nahr el Awwaly river crossing the Bisri valley, stretching over 50 km of distance from source to sea.
- d) Existing agriculture activity in Jdeidet el-Shouf: There are two large size agriculture businesses, one specialized mainly in large white beans crops in parallel to some seasonal fruits (peach, apple, pear), and the other one is specialized in organic agriculture and producing vegetables (tomatoes, cucumbers, lettuce, cabbage, cauliflower) and seasonal fruits (apples), in addition to the agriculture he has some cows and sheep. Both farmers are ready to cooperate to a better eco-farming practices and to introduce oregano cultures).

About 5 other small farmers exist as well; they produce garden style vegetables and fruits for their own consumption, and sell their surplus production in the market. They produce all











types of seasonal vegetables and some seasonal fruits. Some have small numbers of domestic animals (sheep, goats, cows), and might be ready to have some donkeys for the purpose of local donkey back riding activities. Discussions with farmers and landowners throughout the project revealed their openness to adopt agro-ecology in the rehabilitation of their lands to ensure the production of healthy, high quality products.

3.3.4 Proposed Agritourism Project in Jdeidet El Shouf

As mentioned above, agritourism is spotted and proposed as sustainable tourism activity that responds positively to the demand of the MINARET and Water-Energy-Food NEXUS approach in the case of Jdeidet el-Shouf, with the introduction of agro-ecology principles culture in addition to the existing agriculture activity.

The main components of the agritourism setting are:

- a- Beautiful and clean farms: Family run farms having agricultural activity and some domestic animals, or in other words representing typical rural culture of Lebanon. Farms that can be visited by the tourist where he can do some farming activities or eat local dishes and /or sleep over. Farms with plenty of flowers and trees and clean areas. Normally such farms are composed of a main house (of the farmer), a barn (for domestic animals and farming equipment and forage stocks), accommodation farm stay part (for the tourists overnights) and a dining service room (in French it is known as "Table d'hôte") where traditional healthy food is served. In addition to the above a farm should absolutely have an open area such a beautiful garden where some chairs and table are organized to sit and enjoy a scenery or a landscape or the orchards of the farm, in a silent and peaceful atmosphere (not close to a busy road or a noise source)
- b- Healthy and traditional food service, in a beautiful setting (see a) above): normally this room or part of the farm have a wide wooden table to allow visitors prepare together, with their hosts, a traditional meal, or recipe.
- c- Seasonal eco-farming activities (harvesting, picking, etc...): visitors would love to pick their own fruits or vegetables or do an easy task such as feed the animals or stock some wood logs etc...











other types of activities can have more educational aspects; for example learn how to plant trees or how to grafting or learn about agro-ecology implementation.

- d- Beehives visits and honey tasting: learn how the bees do their honey in the beehives and have a honey tasting session.
- e- Oregano (Zaatar) small agriculture plots
- f- "Zaatar Story" small museum: it is about presenting the complete process of oregano local zaatar, from the planting activity to the flowers and leaves harvesting, drying methods and zaatar mixed powder production, then cooking a traditional recipe or prepare the famous 'man'ouchet zaatar'. The visitor can find posters and real plants of different types of Thyme and have a tasting session and visit the herbarium. This experience could be related as well to outdoor activities.
- g- Hiking trails: a large network of old trails linking the different parts of Jdeidet el-Shouf to other villages and to the Shouf Nature reserve.
- h- Donkey back riding activities: farms might have some donkeys that can serve for such fun activity. Donkeys can be used for local transport of goods and luggage as well, as an alternative to fuel vehicles, reducing CO₂ emissions. Donkeys can be used as well for long distance hikes linking the village to remote destinations such as Baadarane, Niha or even Jezzine.
- i- Accommodation in farm stays (see a) above) or guesthouses
- j- Local Souk El-Ghalli market visits: This newly installed market can be supported by visiting it with tourists and encourage them (or their tour organizers) to buy locally. It is indeed an enriching experience to discover local traditional fresh and transformed products which in turn reinforces and enhances the local economy.
- k- Establishing an information center in partnership with Green Orient. This center will be built near the parking lot being more visible to tourists and visitors. It will hold all the necessary information about agro-ecology, agri-tourism and about the attractions of the village. It will provide visitors with more information on the area's attractions, lodgings, maps, and other items relevant to tourism.
- I- A plan was developed on rehabilitating three touristic attractions in the village: Shuhada Square, the old mill and the old micro-dams. This could be considered as a touristic package where the tourist can spend a day visiting all these attractions.











Table 3-1 Main potential components of agritourism activity in Jdeidet el-Shouf

Participant	Activity	Role in potential agritourism project
Municipality (represented by mayor Hisham el-Fatayri)	Local authority	Law enforcement, activity control and logistic support.
Jdeideh Women Association (represented by Rania el- Fatayri and Jamileh Nassrallah)	Cultural and environmental development	Head of potential municipal committee who is proposed to take the management of agritourism activity. This committee is founded by the municipality (municipal committee).
Nahed el-Fatayari	Small farming unit (pepper paste, vegetables fruits)	Local service provider: agroactivity, food, accommodation.
Beekeepers	Small farming unit (bee honey keeper)	Beehives visits, honey tasting activity.
Farmers of Jdeidet El Shouf	Small farming unit	Providing high quality crops
Farmers who implement ago- ecology principles	Large farming unit (white large beans, fruits, potential oregano crops)	Only visits to his lands for seasonal agro-activity, and demonstration for ecofarming methods.
Rashid al-Hassan	Large bio-farming unit (fruits, vegetables, potential oregano crops)	Local service provider: Bio- farming activities, demonstration of organic farming methods, food, accommodation.
Young and active residents	Guiding tourists when hiking on the focal points of the village	Local guide
Young and active residents	Guiding tourists when hiking on the focal points of the village	Local guide
Trained local guide	Collection and transfer of crops from the lands to the market	Local guide and service provider (Donkey back riding)

Tourism is indeed a complex sector since it involves a wide range of different services and activities, which, combined together, offer the right experience by the right host, to the right tourist. How agritourism in Jdeidet el-Shouf would fit into the large spectrum of tourism:











Tourism organizers – Airports – Transport – e-Bookings – Guides – Lodging – Food – Activities – Attractions – Events - e-Reviews – e-Ratings – Banking – Currencies exchange – Insurance – Policies – Standards – Labels – Sustainability

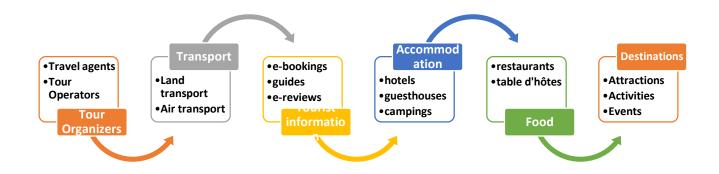


Figure 3-2 Main components of the tourism industry

3.4 Agritourism Value Chain Mapping of Jdeidet el-Shouf

3.4.1 Narrative description of the Agritourism Value Chain Map of Jdeidet el-Shouf

As mentioned above, this document treats tourism activity in Jdeidet el-Shouf in its geographical, cultural and natural context of the Shouf area. This is justified by the design of the packages that will be developed to promote the town.

If promoted separately, the packages' configurations will be little and reduced to Jdeidet El-Shouf only; which tarnishes the creative and experiential aspects of the tourist's visit.

On the other hand, from the NEXUS perspective, the water element is already a shared element with a number of villages in the area, which makes it better to have a holistic overview instead of focusing only at the macro part. In addition to water, the food element when linked to Souk El-Ghalli fresh and transformed products is treated as well in line with other villages and areas. Moreover, the traditional energy efficient water conveying systems (old dams and canals), and the recently installed renewable energy systems complete the NEXUS approach and provides a good and unique example of the holistic











management and integrated management of resources in Jdeidet El Shouf which should be replicated in other areas.

And above all, it is extremely important to incite the key stakeholders of the region to fight together towards the implementation of the "Authentic Shouf" branding project, which brings positive feedback to all the region, on all levels: environmental, cultural, social and economic.

3.4.2 The Product

The product is agritourism in Jdeidet el-Shouf; it is the series of packages for individuals or groups, standard or tailor made, that ensues a large list of activities, including food and lodging, hiking, visits to attractions, entertainment and shopping.

3.4.3 Product Quality

If the NEXUS / MINARET standards from one side, and the Shouf Biosphere Reserve standards from the other side are respected, the project would be a reference in tourism development. For this to become reality, a set of regulations and quality control tools should be implemented, leading to a quality label. It would create a momentum of healthy competition among the agritourism protagonists in Jdeidet el-Shouf, and would be reflected in high quality product.











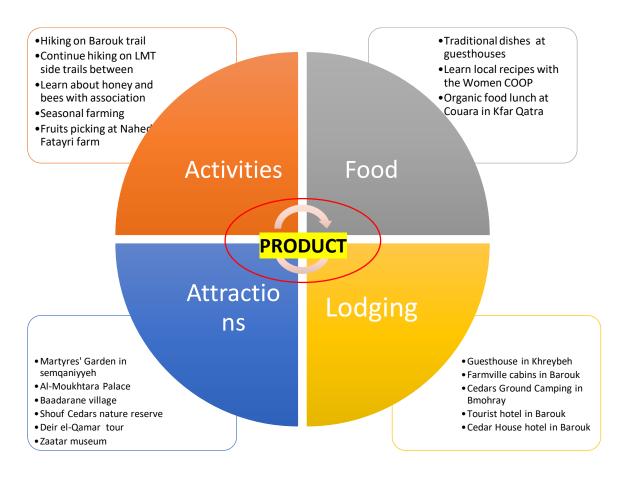


Figure 3-3 Defining the agritourism product in Jdeidet el-Shouf in relation with the Shouf area

3.4.4 Target Tourist

There are multiple steps ahead to define the target client.

- a) Starting with the <u>needs of the domestic market</u>². It is wide and varied, from schools, to families, youth groups, expatriates living in Lebanon. Each category has a different need.
- b) Looking closely to the <u>agritourism product</u> and services proposed in Jdeidet el-Shouf, a large variety of clients would be attracted and would like to try the activities. In this case too, it is varied, and targets not only the domestic market, but as well the inbound market, under which category we find individual adults and organized groups and green/responsible tourism travelers.

² Domestic market means all people living in Lebanon, Lebanese citizens and expatriates living in Lebanon.

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- c) Try the <u>typology of tourists</u>.
 - a. I have a product for adventure travelers? Not exactly, but it could work for hikers, discovery and cultural groups.
 - b. Is my product adequate for Arab Golf countries visitors? Not at all, because they have other destinations on their list of visits in Lebanon, such as Jeita Grotto or Beiteddine Palace. It is excellent for schools, but there is no adequate lodging facility for schools in Jdeidet el-Shouf, so they would use Maasser esh-Shouf's St Michel Youth Hostel. But for families it could work perfectly because small size family groups would fit in guesthouses.
- d) The price range is very determinant element, because, for example this is not a luxury oriented product, neither a mass tourism product. So automatically there is a part of the market that would be excluded. Which is very normal.

So in result who is the target client? Please refer to the table below:

Table 3-2: General target market for agritourism activity in Jdeidet el-Shouf

Agritourism in Jdeidet el-Shouf Target client				
Domestic Market Youth groups (4 to 12 pax)				
Individual adults (1 to 3 pax)				
Hiking groups (6 to 20 pax)				
School groups (25 to 55 pax)				
Family groups (4 to 16 pax)				
Expatriates living in Lebaon (4 to 16 pax)				
Inbound Market European and western individual adults (1 to 3 pax)				
European and western organized groups (4 to 12 pax)				
European and western family groups (4 to 16pax)				
	Lebanese Diaspora (4 to 16 pax)			

To end-up this brief analysis of the target market, it is advisable to focus, as a start, on one or two categories of the market and develop the activities accordingly. It would be a positive thing to focus of 3 types of domestic tourism markets: school groups, Lebanese family groups, Hiking groups. And in parallel focus on Lebanese diaspora. And then on the long run different other types could be targeted according to the country's situation in terms of security, economic crisis, infrastructure, law enforcement, etc...

Resilient market











It is important to understand that the domestic market, described above, in addition to the Lebanese diaspora (the only category chosen from the inbound market) are resilient markets, because they can accommodate more easily with critical situations the country is used to.

Table 3-3 Main target markets proposed for agritourism activity in Jdeidet el-Shouf

Type of Market	Season and / timing	Length of stay
Domestic Market		
School groups	Spring, fall, summer (summer camp) / week days	1 day
Lebanese family groups	Spring, Summer, fall / Weekends and holidays	1 day + 2 days / 1 night
Hiking groups	All year; less in summer / weekends and holidays	1 day + 1 day / 1 night
Inbound Markets		
Lebanese Diaspora	Easter, Christmas, holidays, Summer holidays / all days	1 day + 2 days / 1 night

3.4.5 The Price

The calculation of prices refers to benchmarking, and it is based on the costs to which is added an average of 15% mark-up for the host, and an addition of 15% in the case of a tour organizer. And the final prices should be in line with the market range. For example, the price of a one night stay at a guesthouse on a half-board basis (including breakfast and dinner) is 75,000 LBP (50 USD). The average cost of a local guide for hiking activity on hiking trails is 100,000 LBP (65 USD), and a half day local guide for a cultural tour in a village is 50,000 LBP (35 USD). The cost of a school eco-activity at an association like Green Orient per student is 3,000 LBP (2 USD). The cost of a lunch meal for individual groups is 20,000 LBP (13 USD) and for school groups is 15,000 LBP (10 USD).

The range of prices listed above corresponds to what is being dealt with between tour operators and host communities, for domestic and in-bound markets.

Table 3-4 Main price range by typology of agritourism services in Jdeidet el-Shouf

Categories	Services	Price (including mark-ups)
Lodging	1 night stay in hotel (H/B)	75 USD
	1 night stay Guesthouse	50 USD
	1 night stay Camping	35 USD











Categories	Services	Price (including mark-ups)
	1 night for school groups	25 to 35 USD (hotel)
Food	1 lunch meal at hotel	15 to 25 USD
	1 lunch meal guesthouse	10 to 15 USD
	1 lunch meal camping	10 to 15 USD
	1 lunch for school groups	08 to 10 USD
Activities	1 guide for 1 day Hiking	65 USD
	1 guide for cultural ½ day	35 USD
	Activity school with Assoction	2 USD per student
	Farming activity adults	5 USD per person
	Farming activity students	2 USD per person

3.4.6 Transport and Logistics

This part of the analysis consists on defining how the target tourists will reach the destination, or in other words, how will these people be brought to the product (in the destination, which in this case is Jdeidet el-Shouf and its surrounding area). So it is about the transportations and logistics and the distribution channels.

Getting back to the target market defined above, the land transport would be individual cars or small buses (up to 29 seats) and vans (up to 14 seats). In the case of the inbound diaspora market, they would reach the Lebanese soil by airplanes, and then by taxis to their families in their home regions, before using the same means of transports (cars or vans/buses; rent a car or including the driver). The municipality planned a parking lot for the village where all vehicles, especially buses and vans, would park and where from the tourists would be transferred in ecological means of transport, such as electric shuttle cabs, or bicycles, or donkey backs, or simply on foot. Two places were suggested for the establishment of the lot: in the center of the village near Shuhada square, which is a more crowded place and is closer to the main road, and in a place at the end of the village near the river. It has been agreed on the implementation of the lot in the center of the village where the lot is more obvious to the visitors and closer to the village attractions. The municipality also thought of delineating safe walk paths for visitors or bicycle lanes or donkeys. There has been a debate about building sidewalks for athletes and bikers and safe paths for the donkeys to pass from the lands to the markets. This would encourage other farmers to use donkeys as transporters and service providers.











3.4.6.1 Distribution channels

As for the distribution channels, the visitors may reach the destination either by themselves, by e-search and/or e-booking or via an intermediary, such as a tour operator, a travel agent, or a local association or NGO.

Who will host these different groups? It is the task of the local businesses who are part of the tourism destination, of course. But it is crucial to have an information center that helps the independent visitor and show him about all the services available.

3.4.6.2 Destination Management

It is advisable that the management of the tourism activity in Jdeidet el-Shouf, be the responsibility of a committee composed of members from the municipality, Jdeidet El Shouf - Baqaata Women Organization, farmers' cooperative and key persons. This committee would <u>not</u> play the role of a destination Management organization (DMO). There is no objection neither for the women association to manage it if they consider this task feasible for them, as a local coordination municipal committee, <u>not as a DMO</u>. ACS will play the role of the DMO under the brand of "Authentic Shouf". This committee will be responsible of management and implementation.

Based on the municipal decisions and on the discussions made during the workshop, a committee was formed to support the establishment of an agricultural cooperative in Jdedet El Shouf, provide guidance on the needed skills and to manage water and energy supply and other needs of the village. This committee includes: a municipality member, a representative of ACS, a representative of Green Orient, an Agricultural Engineer from the school of agriculture, 2 representatives of Jdeidet El Shouf - Baqaata Women Organization, a representative from LANA Youth Organization and 4 potential farmers from Jdeidet El Shouf. Appendix D includes a copy of the municipal decision to establish the committee. A preliminary agreement says that Jdeidet El Shouf - Baqaata Women Organization will manage this committee since they have shown concrete and successful results when managing other projects. This association is willing to put in all of its efforts for the sake of the needs of the committee.











It is preferable to rather have a bigger organism that plays the role of a DMO in the Shouf, such as Authentic Shouf brand, under which the local committee of Jdeidet el-Shouf coordinates the tourism activities in its village, similarly to other potential committees in other villages.

The figure below suggests the configuration of tourism management of the Shouf region and Jdeidet el-Shouf area under its canopy, as a tourism destination under the **Authentic Shouf Brand**, and the ACS; and it shows as well a wider vision for managing responsible tourism in all parts of Lebanon, where other organisms would play the same role as ACS in their regions. It is clearly a pioneering model that is starting in the Shouf Casa and would be very beneficial to be duplicated in other regions of Lebanon.



Figure 3-4 suggestion for Responsible Tourism Management in Lebanon and the Shouf area

Today in Lebanon, it crucial to have a clear vision at the level of the different regions of the country, to be able to manage tourism development and activities in an efficient way. It means that the standards of sustainable tourism should be implemented locally. Natural reserves are the only sectors which can play this role, having been appointed by the law.











In the Shouf casa the Shouf Biosphere Reserve is by far the most efficient, partner the government can rely on to manage natural and cultural resources.

3.4.6.3 Promotion

The modern tourist is an on-line oriented client, looking for his tourism activities and needs on the internet using applications and reviews and updates. So today it is irreversibly the right way to promote tourism services and activities. A website, or blog and newsletter with online booking are a minimum. In parallel, a short video or a longer documentary would do a positive effect on the market, once the destination is ready to demonstrate its natural and cultural beauty in a well-managed way with quality.

No need to print any hard copy materiel (leaflets, booklets, brochures), just print some posters to install on site or at the tourist information center, and it would be enough.

Another way to promote efficiently is the traditional one to one meeting, during which one would go into details with his counterpart and explain once for all about the complete service possibilities and discuss the prices, etc... This would work for school groups who would have continuous programs to be organized, and for different levels. So the relation would be established once in the beginning and then the remaining details would be dealt by e-mail.

Media would write about the project and activities, so it is a positive thing to organize educ-tours for journalists, and in parallel one can invite the tourism industry to get them acquainted with the product and the destination, to facilitate their part of the marketing.

Participation to fairs in Lebanon, targeting the domestic market is an excellent thing as well; for example, the Garden Show, or HORECA.

Table 3-5 Promotional material corresponding to main markets and groups

Target Market	Promotional method and booking
Youth	Online reviews, bookings, ratings, web communities
Families	Online reviews, bookings, ratings, websites, personal contact by
	telephone
School groups	One to one meetings, emails, telephone











Journalists	Online, educ-tours, travel fairs, PR articles
Tour operators	Online, educ-tours, travel fairs

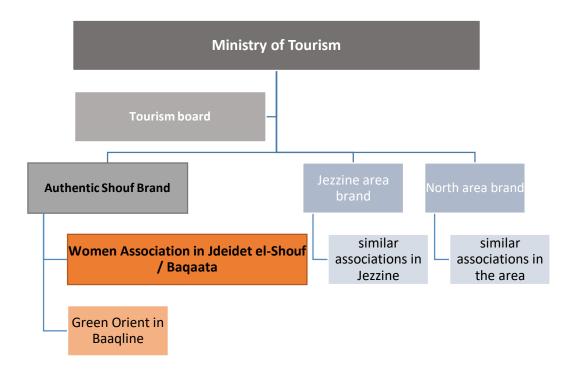


Figure 3-5 (above): Sustainable Tourism Value Chain Framework for Lebanon











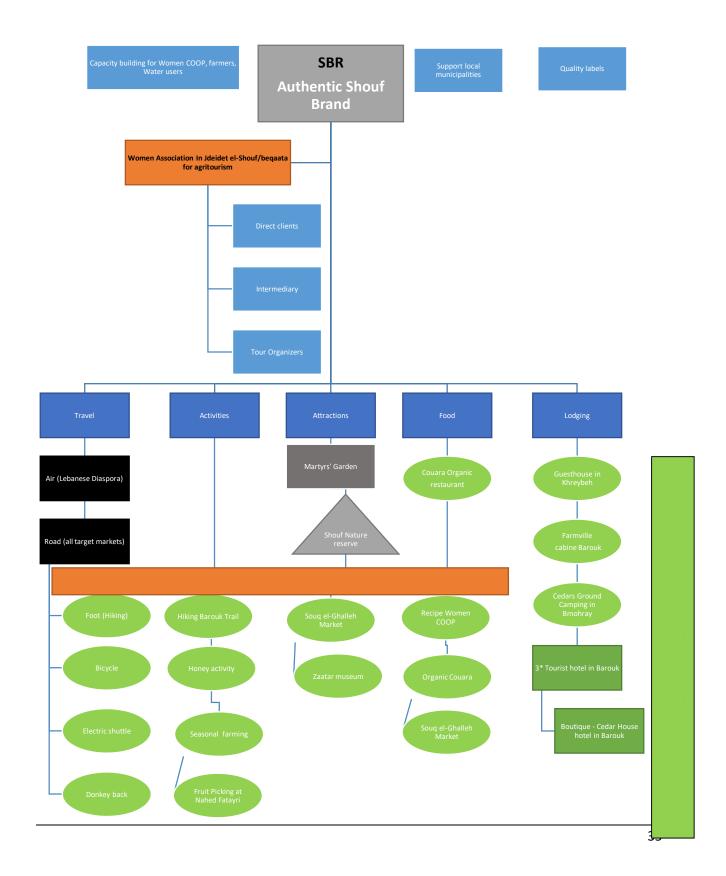












Figure 3-6 (above): Jdeidet el-Shouf Agritourism Value Chain Framework











4 Project Specific Capacity Building Needs

4.1 Mapping of Stakeholder Roles and Responsibilities

The roles of stakeholders outlined in the previous sections and discussed and assigned during stakeholder consultations are summarized in the following

Table 3-6 Summary of Stakeholder Roles

Stakeholder	Activity	Role in potential project
Municipality (represented by mayor Hisham el-Fatayri)	Local authority	 Law enforcement Activity control Logistic support Financial support
Municipal Committee	Management of the Agriculture Development and Agri-tourism Project	 Project Management Establishment of an agriculture cooperative Support for farmers and business owners Quality control Organization of Trainings Marketing of products Coordination with farmers, business owners, regional stakeholders, tourism agencies, etc. Coordination with other stakeholders Management of potential "Zaatar Museum"
Jdeidet El Shouf - Baqaata Women Organization	Cultural and environmental development	 Head of potential municipal committee who is proposed to take the management of agritourism activity. This committee is founded by the municipality (municipal committee). Manufacturing and marketing of agro-products Management of rotational funds (from the profits made by selling electrical power) Support in the management of Souk El Ghalli
LANA Youth Organization	Cultural and environmental development	 Members of the municipal committee for the management of the project Support in implementation of the project and related events
Agro-Ecology Agriculture Cooperative of Jdeidet El Shouf (to be established)	Agriculture Cooperative	 Technical and logistic support to farmers Provision of Equipment Organizing Agricultural Production











Stakeholder	Activity	Role in potential project
		Managing of the composting unit
Farmers of Jdeidet El Shouf	Small farming unit	 Providing high quality crops Providing a pilot example to be visited by groups interested in agro-ecology to demonstrate sustainable agricultural practices
Farming unit owners	Small farming unit	 Provision of a pilot project to promote sustainable agricultural practices Local service provider: agro-activity, Food (traditional dishes made from local produce) Accommodation.
Guesthouse owners	Small Business	Provision of accommodationProvision of food
Beekeepers	Small farming unit (bee honey keeper)	 Promotion of sustainable beekeeping practices Provision of high quality honey Beehives visits Honey tasting activities.
Young and active residents	Guiding tourists when hiking on the focal points of the village	 Local guide participate in rehabilitation and crop harvesting activities
Trained local guide	Collection and transfer of crops from the lands to the market	Local guide and service provider (Donkey back riding)
Al-Shouf Cedar Society	Management of the Shouf Biosphere Reserve	 DMO Provision of technical support to the project in the fields of agro-ecology, agritourism, management of Souk El Ghalli, establishment of trails, etc. Training of stakeholders on issues related to: agroecology, agri-tourism and responsible rural tourism, management, etc.
Green Orient	Cultural and environmental development	 Provision of tourist center Assist in plantation and rehabi8litation of agricultural land Training of farmers on sustainable agricultural practice, establishment of trails, etc.











Stakeholder	Activity	Role in potential project
Traders Association of Jdeidet El Shouf-Baqaata	Trading Association	 Support in the marketing of local products
Other Active NGOs	Cultural and environmental development	Support in organization of eventsSupport in awareness sessions
MoA (LARI and Center for Agriculture Guidance, Forest Center and Green Plan)	National/Regional Authority	 Provision of technical guidance for the project Provision of Financial Support
Ministry of Tourism - Higher Commission for tourism management	National Authority	 Support in promoting Jdeidet El Chouf as a tourism destination Technical Support
Restaurant Owners	Businesses	Local service providerFood
Tourism Agencies	Businesses	 Assist in publicizing the project and attracting tourists
Academic institutions	Education	Education and raising awarenessTechnical SupportResearch
Funding Agencies	Funding	 Provision of funds and loans for development
International Organizations /International Donors		Provision of FundsSupport in project implementation











4.2 Project-Specific Stakeholder Capacity Building Needs

The suggested agro-ecology and agri-tourism projects and activities in Jdeidet El Shouf necessitate the training and capacity building of stakeholders to ensure proper and successful implementation of the projects, their sustainability and the generation of good product quality. T

he conducted stakeholder consultations under the MINARET project introduced the participants to the principles of agro-ecology and agri-tourism. However, further training ought to take place to increase and spread awareness, especially in the fields of agro and rural tourism, and the opportunities they present to the area and its population. Roles and responsibilities for stakeholders were proposed and presented in the previous sections. **Table 3-7** summarizes the capacity building needs for each of these stakeholders to ensure project success.

Table 3-7 Capacity Building Needs

Stakeholder	Capacity Building Needs
Municipality (represented by mayor Hisham el- Fatayri)	 Training on planning for organization of project logistics, including transportation, parking areas, etc.
Municipal Committee	 Training on Project Management Training on Quality Inspection and Control (for agricultural and agro-food products, guesthouses and other service providers) Training on Marketing of Products Training on Sustainable Tourism Principles Training on Event Planning and Organization Training on agro-ecology and sustainable agriculture Training on responsible tourism and agri-tourism Training on the management of the "zaatar" museum Training on the management of the information center (or training of employee at the center)
Jdeidet El Shouf - Baqaata Women Organization	 Training on accounting, financial auditing the management of rotational funds, provision of micro-loans, etc. Training on product marketing Training on event planning Training on efficient energy generation and water supply











Stakeholder	Capacity Building Needs
	 Training on agro-food production Training on food safety and hygiene, storage and packaging of products Training on the organization of the farmers' market (Souk El Ghalli)
LANA Youth Organization	 Training on event planning Training on Sustainable Tourism Principles Training on Event Planning and Organization
Agro-Ecology Agriculture Cooperative of Jdeidet El Shouf (to be established)	 Training on Agro-ecology principles Training on the management of water resources and water allocation Training on sustainable and water-saving irrigation techniques Training on Composting and Management of Composting Unit Training on Monitoring and Evaluation of Agro-ecology projects, including soil quality
Farmers of Jdeidet El Shouf	 Training on agro-ecology principles and sustainable animal and crop production Training on water-saving agricultural technologies Training on packaging of products Training on production of agro-products (zaatar, jam, vinegar, dairy products) Training on the presentation of the project (to explain the used practices to visitors)
Farming unit owners	 Training on sustainable farming and animal production practices Training on management of farm units
Guesthouse owners	■ Training on the management of guesthouses
Beekeepers	Trainings on sustainable beekeeping and honey production principles
Trained local guide	 Training of the cultural, historical and natural heritage sites in Jdeidet El Shouf Training on leading tours including guiding hikes, trails, the village attractions, the oregano museum, etc Training on how to communicate effectively with visitors on the NEXUS approach, the MINARET project, and agro-ecology practices Training on communication with tourists, etc.
Active NGOs	 Should be informed of the project and the information center and should learn about the importance of agro-ecology, agri-tourism and the participation in the food chain production even if for self-sufficiency
General Population	 Raising awareness on issues related to sustainable agriculture, responsible tourism, the NEXUS approach, etc.
Young and active residents	 Raising awareness on responsible tourism, sustainable agriculture, the NEXUS approach, etc.
Restaurant Owners	Training on food safety and hygiene
Tourism Agencies	Training on organizing responsible tourism tours
L	











5 Tourism Charter

Responsible Tourism Charter for Jdeidet El-Shouf

To the Public Local Authority (Municipality):

- Formulate regulatory and monitoring mechanisms* at the local level, to accompany the objectives of the NEXUS approach in Jdeidet el-Shouf.
- Develop the local municipal capacity to implement growth management tools such as zoning, land use planning.
- Use and implement internationally approved guidelines to develop certification schemes, ecolabels and other voluntary initiatives geared towards sustainable tourism, in close coordination and guidance of the Shouf Biosphere Reserve.
- Encourage the creation of regional networks and sustainable tourism development.
- Incorporate sustainable transportation principles in the planning and design of access and transportation systems, and encourage tour operators and the traveling public to make soft mobility choices.
- Stimulate sustainable farming and livestock practices that support mutual economic advantage by encouraging creative links between ecotourism and other forms of innovative land use, such as sustainable agriculture and agroforestry.
- Encourage innovative product development and fair trade through strengthening links with the arts, handicrafts, and local indigenous heritage.
- Promote sustainable partnerships between private and public sectors to address the role of tourism as a development tool**.
- Develop strategies to engage and empower local communities in planning, decision making and enterprise ownership for the sustainable management of tourism through stronger cross-sectoral partnerships.
- Support the protected area authorities (SBR) in developing and managing ecotourism in the district of Shouf.
 - All forms of tourism development that are conductive to saving rare and precious resource, in particular water and energy, should be given priority and encouraged by national, regional and local public authorities***.

^{*}Regulatory mechanisms related to urban planning, zoning, construction code, infrastructure standardization, waste water management, shifting to greener energy solutions, etc...

^{**}For example the support of the local tourism committee that is intented to be created in Jdeidet el-Shouf, and the support and promotion of Soug el-Ghalleh

^{***}The NEXUS approach











To the Private Sector:

- Implement tourism activities that are environmentally friendly.
- Ensure that the design, planning, development and operation of tourism activities and facilities incorporate to the sustainability principles.
- Adopt reliable certification scheme or voluntary regulation, such as eco-labels, in close coordination with the SBR.
- Cooperate with governmental and non-governmental organizations in charge of protected areas
 to ensure that ecotourism operations are practiced in compliance to the law and according to the
 management plans and other regulations.
- Increase the use and the purchase of local products, as well as the human resource input.
- Work actively with local communities to ensure that local culture and communities are well respected.
- Promote among their clients an ethical and environmentally conscious behavior vis-à-vis the ecotourism destinations visited.
- Diversify their offer and extend their operations to different destinations in order to spread potential benefits of ecotourism and responsible tourism.
- Provide tourists with honest information on the village attractions and on the conditions of travel, hospitality and stays...
- Ensure equitable distribution of financial benefits from ecotourism and responsible tourism revenues (in line with the objectives of the local tourism committee proposed).
- Salaried and self-employed workers in the tourism industry and related activities have the right and the duty to acquire appropriate initial and continuous training; they should be given adequate social protection.

To NGOs and Academic & Research institutions:

- Provide technical, financial, educational, capacity building and other support to ecotourism destinations, host community organizations, small businesses and the corresponding local authorities in order to ensure that appropriate policies are set.
- Develop and manage guidelines, and monitoring mechanisms.
- Conduct research on the actual impacts of ecotourism activities upon ecosystems, biodiversity in mountains and coastal areas, land indigenous cultures and the socio-economic fabric of the ecotourism destinations.
- Tourism activities should respect the equality of men and women; they should promote human rights and more particularly, the individual rights of the most vulnerable groups, notably children, the elderly, the handicapped, ethnic minorities.

To the Local Communities:











- The host communities, on the one hand, and local professionals on the other, should acquaint themselves with and respect the tourist who visit them and find out about their lifestyles, tastes and expectations.
- Local populations who are potentially associated with tourism activities should share equitably the economic, social and cultural benefits they generate, and particularly in job opportunities.

To the Tourist:

- Tourists and visitors have the responsibility to acquaint themselves, even before their departure, with the features of the countries they are preparing to visit.
- Tourists should be aware of the cultural specificities of the visited destination or community.
- They should ask for permission before taking photos.
- It is preferable to use the local food and accommodation facilities rather than the classical hotel (mass tourism service) for direct support to the local economy.
- Encourage the tourist to purchase local products
- Tourists should not leave any trace behind and should not take archeological or sacred materials as souvenirs.











6 Conclusion

Jdeidet El Shouf presents a high potential for agricultural and agri-tourism development. Stakeholder consultations revealed an increased awareness among stakeholders on issues related to sustainable agriculture and the adoption of the Water-Food-Energy NEXUS in planning for their area. Additionally, there is a will among farmers and the community to revive agriculture using sustainable, eco-friendly practices that do not rely on pesticides and chemical fertilizers, reflected in the great interest shown in agro-ecology and the lengthy discussions held related it.

The agricultural development and agri-tourism plan developed in collaboration with the stakeholders built on Jdeidet El Shouf's assets and its strategic location within the Shouf and at neighboring the Shouf Biosphere Reserve. Roles and responsibilities were proposed and assigned based on the capacities of local stakeholders and their experiences, and their needs were identified.

The project is expected to contribute to local development, women and youth empowerment, create green job opportunities and increase community resilience to climate change and build capacities of local communities in sustainable development.











Appendix A

List of attendees to workshops











Appendix B

Summary of the Workshops (Minutes of meetings)













Minutes of Meeting

Thursday, February 14,2019

Attendees:

Baqaata Women Organization (Nahid Fatyri, Dunia Fatyri, Ghada Azzam, Jamili Nasrallah, Nawal Fatyri), mayor of Jdeideh (Hisham Fatyri), farmers (Firas Fatyri, Tarek Fatyri, Wassim Seriddeine), Green Orient association (Nabil Serieddine), MOA (Maher Kanso), The Good Earth (Rachid Hasan), LANA youth organization (Mazen Narsh, Bahaa Zoughayyar), Aoun Abi Aoun (sustainable tourism development), Pascal Abdallah (ecotourism consultant), Federation of Shouf Sweijani (Mirna Shaaban), Khaled Sleem (Agricultural Engineer), Evelyn Kanso (student), Raji Maasri and Salam Nassar (MORES), ACS manager (Nizar Hani) and staff (Lara Kanso, Sarah Nasrallah, Omar Abi Ali).

Objective:

This meeting was intended to:

- Introduce stakeholders
- Brief participants on the MINARET project and the results of the assessments conducted under its framework, including proposed projects
- Introduce the principles of agritourism to stakeholders
- Discuss Jdeidet El Shouf's potentials in agritourism
- Propose activities and projects related to agritourism
- Discuss and set criteria for prioritization of projects
- Prioritize projects based on selected criteria











Workshop Agenda:

- Welcome Note & Introduction of Stakeholders
- General Introduction & Background on the MINARET project and what has been done
- Introduction to Agro-Ecology
- Introduction to Agri-tourism
- Discuss potentials of Jdeidet El Chouf
- Group Work- Exercise 1: Identification of potential projects related to agri-tourism & Discussion
- Group Work- Exercise 2: Selection and weighing of Project selection criteria & Discussion
- Filling of "Anonymous Notes"

The project team met prior to the workshop to distribute the tasks and discuss the proposed exercises, namely: proposition of projects related to agritourism in Jdeidet El Chouf and identification and prioritization of the criteria to be used for the selection of projects for implementation.

Actions taken and announcements:

Nizar Hani, manager of ACS, welcomed the attendees, the stakeholders and the experts and introduced the agenda of the meeting. Mr. Hisham Fatyri discussed the situation of the agricultural sector in Shouf and its improvement in the past years and shared some initiatives that aim to value agriculture and give it the same importance as the historical and tourism sectors.

Raji Maasri summarized the main objectives of the MINARET project and the NEXUS approach and what has been previously done for the sake of sustainable management of resources.

Khaled Sleem presented the main aspects of Agroecology and the effective methods of its implementation in Shouf. Pascal Abdallah explained all branches of Agritourism: its history, definition, principles, value chain and target markets.

After which, an open discussion was held among the attendees where they shared the work that was implemented in Jdeideh 3 to 4 months ago, and identified potential projects related to agritourism such as Souk El Ghalli. They also focused on building capacity on Agroecology for there is a potential of











transforming the whole area into an agro-ecological zone, exchanging knowledge between farmers and locals and raising awareness on organic farming and the need of pesticide free sanctuary lands. Rachid Hasan, a certified organic farmer, shared his experience in organic farming with the attendees and invited the experts to visit his land where he only plants using eco-friendly techniques.

The stakeholders suggested having environmental guidance for investors in order to build away from agricultural lands and to leave at least 20-meter distance between the buildings. The stakeholders also came up with the idea of having well designed Bungalows in their lands with proper management, where people could stay after their hike near Moukhtara-Jdeideh river. This trail is rich in biodiversity and old archeological sites which attract tourists and hikers. They also recommended having local festivals and apple picking activities for example to help increase the number of visitors. Modelling a farm design was proposed by Pascal Abdallah who considers that a farm is one of the best aspects of agritourism implementation.

The criteria agreed on for the selection of projects is the following:

- 1. Land area
- 2. Private/public sectors (private sectors have more potential)
- 3. Economic value and benefit
- 4. Compatibility with environmental standards
- 5. Harmony with the neighboring area
- 6. Providing employment
- 7. Abiding by NEXUS standards
- 8. Practicability and feasibility
- 9. Ability to be implemented
- 10. Usage of local sustainable resources
- 11. Potential impact
- 12. Legal, environmental, sustainable, beneficial

At the end of the meeting, all attendees filled a questionnaire without writing their names on. This form allows them to express their opinion freely and to take their suggestions and ideas in further pilot projects.























Minutes of Meeting

Second Stakeholder Workshop

Monday March 25, 2019

Attendees:

Rami Elakhras (Horizons), Ahmad (HGD), Ali (IUCN), mayor of Jdeideh (Hisham Fatyri), some members of the municipality, farmers of Jdeideh, Green Orient association (Nabil Seriddine), Baakaata Women Organization, LANA organization, Tourism expert (Pascal Abdallah), Ago-ecology expet (Khaled Sleem), MORES (Raji Maasri and Salam Nassar), ACS (Nizar Hani, Lina Sarkis, Lara Kanso, Omar Abi Ali).

Objective of the Meeting:

This meeting was intended to:

- Prioritize projects based on selected criteria.
- Introduce stakeholders to project planning, including the project cycle, and elements of project design
- Develop detailed designs for project activities including: deliverables, outputs, outcomes, impacts, indicators of success and means of verification
- Train stakeholders on the presentation of the projects

Workshop agenda:

- Reviewing the outputs of the first stakeholder workshop
- Sharing the outputs of the one to one meetings with farmers and NGOs.
- Case studies on agro-tourism and agro-ecology businesses.











- Prioritization of projects and selecting one according to the criteria of selection previously agreed on.
- Group exercise: Selection and weighing of Project selection criteria & Developing detailed design of project activities: deliverables, outcomes, impacts, indicators of success, etc...
- Assessment of capacity building needs for successful project implementation
- Distribution of roles and responsibilities

Actions taken and announcements:

After the small introductions each participant shared about themselves and their organizations, an introduction to MINARET and NEXUS approach was given by Raji who also explained the importance of looking at projects from those three perspectives together.

The work implemented in Jdeideh for the past two years was described by the mayor of Jdeideh. Nizar discussed the workshop agenda. Rami from Horizons insisted on the importance of studies that were conducted and explained the certain delays in the project. Ali from IUCN thinks that what we are doing is a great job!

The expert Pascal Abdallah shared some case studies where agri-tourism businesses were implemented in rural areas and gave examples about Balou' Blaa' and Menorca. Khaled Sleem further explained the principles of agro-ecology and sustainable agriculture and how they help in increasing the production and income.

The outputs of the first stakeholder workshop and those of the one to one meetings with the farmers and the NGOs were demonstrated to the attendees. The proposed projects were: establishment of a biological trail near the river of Jdeideh, building bungalows and kiosks where people can get to stay at and purchase the farmers products, organizing festivals and apple/ crop picking activities, "Bed and Breakfast" project, etc...

A group exercise was performed where each participant shared ideas and suggestions about new projects, capacity building needs, possible solutions. The workshop resulted in the following propositions:

Proposed projects:











- Building a botanical trail along the river side
- Manufacturing of agricultural products
- Organizing Fruit picking festivals
- Establishing agricultural cooperatives
- Providing animals for transporting the crops form the field
- Modelling an ideal farm
- Abiding by ago-ecology principles
- Starting a center for recycling agricultural wastes
- Constructing water tanks for irrigation

Obstacles the project might face:

- Stealing of crops
- High cost of implementation of the suggested projects
- Difficulty in marketing the products
- Water scarcity
- Difficulty in reaching the lands (tough roads, transport issues)

Suggested solutions:

- Encouraging tourism in Jdeideh
- Enhancing Souk El Ghalli in the coming years
- Founding agricultural cooperatives
- Establishing farmers association

Capacity building needs:

• Training and follow-up on ago-ecology and agritourism principles











- Trainings on revolving funds techniques and implementation
- Trainings on creating a soil map for the area
- Trainings on compost units
- Trainings on animal products and production
- Trainings on manufacturing of several food products (jam, vinegar, labneh...)













Minutes of Meeting

Third Stakeholder Workshop

Thursday June 6, 2019

Attendees:

Green Orient (Nabil Sariddine), Jdeideh Women Organization (Nahed Fatayri, Sahar Aboukarroum, Dima Fatyri, Rania Fatyri, Dunia Fatyri), Ecoutourism expert (Pascal Abdallah), Agro-ecology expert (Khaled Sleem), Farmers (Ousama Chdeed, Kareem Fatyri, Firas Fatyri, Ghazi Jaber, Mazen Fatyri, Bassam Ghazal, Ramzi Fatyri), Al Jabal Marathon Organization (Hazar Chami), LANA Youth Organization (Bahaa Zghayyar, Laura Boudiab), Mayor of Jdeidet El Shouf (Hicham Fatyri), municipality members (Ziad Ghaith, Nizar Hassoun, Farid Fatyri, Majida Fatyri), MORES (Raji Maasri, Salam Nassar), ACS (Nizar Hani, Lara Kanso, Samer Zebian).

Objective of the workshop:

Stakeholder Mapping and Development of Capacity Building Plans











- Identify stakeholder capacities related to project activities
- Identify stakeholder needs related to project activities
- Allocate roles and responsibilities of stakeholders for the proposed activities during implementation, monitoring and evaluation periods
- Identify capacity building needs for the successful implementation of the project

Actions taken and announcements:

The meeting started with an introduction about the workshop's agenda and a summary about all issues tackled during the second workshop. The mayor of Jdeidet El Shouf introduced the attendees and asked for their involvement in all sectors of the project.

The agro-ecology expert (Khaled) summarized what was discussed in the previous two workshops about ago-ecology principles and shared some case studies with the attendees, stressing on the necessity to abide by these principles. He suggested the establishment of a large compost unit which can hold up to 20-30 tons per week of organic matter. Farmers can benefit from this manure as a natural fertilizer for their lands. The compost will be sold and distributed equally among the farmers. He also offered the idea of receiving a free truck of compost for every two trucks of shredded material given to the municipality. Khaled also recommended the adoption of multicropping to ensure equitable profit and to comply with the concept of agro-ecology. He shared an example of a case study in Batloun Village where volunteers share in the rehabilitation of farmers lands. Volunteers help by transferring the compost produced in the central unit to the farmers lands.

The proposed project during this workshop was establishing a center for recycling agricultural wastes (composting). New agricultural practices were chosen for the development of agricultural land which include the rehabilitation of old stonewall terraces, the use of multi-cropping and agro-ecology, the establishment of a composting unit, etc...

During the third stakeholder workshop, capacity building needs were discussed and the potential roles of the stakeholders were distributed. Capacity building needs: Training and follow-up on ago-ecology and











agritourism principles, Trainings on revolving funds techniques and implementation, Trainings on creating a soil map for the area, Trainings on compost units implementation, Trainings on animal products and production, Trainings on manufacturing of several food products (jam, vinegar, labneh...), trainings for local guides, financial trainings on microloans to farmers, trainings on marketing of the products and trainings on managing guesthouses.

Some Roles were distributed among stakeholders as follows:

- The municipality: Law enforcement, Activity control, Logistic support, Financial support
- The municipal committee: Project Management, Establishment of an agriculture cooperative,
 Support for farmers and business owners, Quality control, Organization of Trainings, Marketing of products, Coordination with farmers, business owners, regional stakeholders, tourism agencies, Coordination with other stakeholders, management of Zaatar museum.
- Jdeidet El Shouf Baqaata Women Organization: Head of potential municipal committee who is
 proposed to take the management of agritourism activity, Manufacturing and marketing of agroproducts, Management of rotational funds (from the profits made by selling electrical power),
 Support in the management of Souk El Ghalli
- LANA Youth Organization: Members of the municipal committee for the management of the project, Support in implementation of the project and related events
- Green Orient: Provision of tourist center, Assist in plantation and rehabi8litation of agricultural land, Training of farmers on sustainable agricultural practice, establishment of trails, etc.
- MoA (LARI and Center for Agriculture Guidance, Forest Center and Green Plan): Provision of technical guidance for the project, Provision of Financial Support
- Al-Shouf Cedar Society: DMO, Provision of technical support to the project in the fields of agroecology, agritourism, management of Souk El Ghalli, establishment of trails, Training of stakeholders on issues related to: agro-ecology, agri-tourism and responsible rural tourism, management, etc.
- Tourism agencies: Assist in publicizing the project and attracting tourists
- Academic institutions: Education and raising awareness, Technical Support, Research























Minutes of Meeting

Fourth Stakeholder Workshop

Thursday June 6, 2019

Attendees:

Green Orient (Nabil Sariddine), Jdeideh Women Organization (Nahed Fatayri, Sahar Aboukarroum, Dima Fatyri, Rania Fatyri, Dunia Fatyri), Ecoutourism expert (Pascal Abdallah), Agro-ecology expert (Khaled Sleem), Farmers (Ousama Chdeed, Kareem Fatyri, Firas Fatyri, Ghazi Jaber, Mazen Fatyri, Bassam Ghazal, Ramzi Fatyri), Al Jabal Marathon Organization (Hazar Chami), LANA Youth Organization (Bahaa Zghayyar, Laura Boudiab), Mayor of Jdeidet El Shouf (Hicham Fatyri), municipality members (Ziad Ghaith, Nizar Hassoun, Farid Fatyri, Majida Fatyri), MORES (Raji Maasri, Salam Nassar), ACS (Nizar Hani, Lara Kanso, Samer Zebian).

Objective of the workshop:

Finalization of Project Designs

- Equitable activity and revenue
- Finalize detailed project designs including roles and responsibilities of stakeholders for each task
- Generate a detailed scope of work for each stakeholder to clarify their roles and prevent overlapping of responsibilities
- Generate organizational charts showing hierarchy in the authorities attributed to each stakeholder
- Develop detailed capacity building plans











Actions and announcements:

ACS launched the workshop by a welcoming note to the attendees and a summary about all the subjects tackled during the workshops and during the field visits conducted by the experts and the team. The experts further elaborated the results of the field visits. Pascal Abdallah, the agro-tourism expert demonstrated a presentation about his results of the meetings and visits and discussed with the attendees the value chain mapping based on the value chain mapping report.

Discussions held during the meeting revealed an improved awareness among stakeholders of the principles of agro-ecology, agritourism and sustainable development.

During the meeting, a group activity was done to identify the attractions and assets of Jdeidet El Shouf. A long list was made which included the geologic attractions, the river, old mill, water sources, authentic houses, old graves for religious people, handicrafts, Shuhada square, etc... an agri-tourism action plan was developed during the workshop for Jdeidet El Shouf based on the available assets, and potential future developments that would be part of the project were proposed.

Another important aspect tackled during the workshop was the need of founding a management unit or a committee allowing equitable chances to stakeholders and offering guidance on the capacity building needs based on the chosen projects. This municipal committee will also coordinate and manage the tourism activities in its village, similarly to other potential committees in other villages and issues related to water supply and efficient energy generation.

Based on the municipal decisions and on the discussions made during the workshop, a committee was formed to support the establishment of an agricultural cooperative in Jdedet El Shouf, provide guidance on the needed skills and to manage water and energy supply and other needs of the village. This committee includes: a municipality member, a representative of ACS, a representative of Green Orient, an Agricultural Engineer from the school of agriculture, 2 representatives of Jdeidet El Shouf - Baqaata Women Organization, a representative from LANA Youth Organization and 4 potential farmers from Jdeidet El Shouf. A preliminary agreement says that Jdeidet El Shouf - Baqaata Women Organization will manage this municipal committee since they have shown concrete and successful results when managing











other projects. This association is willing to put in all of its efforts for the sake of the needs of the committee.











Appendix C

Agritourism packages in Jdeited el-Shouf

Package A: 1 Day

Destination: Jdeidet el-Shouf

Theme: Natural resources advisedly used

Type of visitors: School groups

Number of participants: 30 students + 4 adults

Arrival to Jdeidet el-Shouf

Activity 1: Walk on the trail and discover the **riparian ecosystem** of the Barouk river and the typical cultural landscape of the valley, and understand the irrigation system functioning by gravity.

Activity 2: Understand the use of water as a renewable energy in the old typical water mills

Lunch: traditional meal at the a local typical farmhouse

Activity 3: Learn the basics of bio-farming.

Activity 4: Visit the **Man'ousheh Museum**, and discover the process of the oregano from terraces to table.

Back to school











Package B: 2 Days / 1 night in Shouf

Destination: Jdeidet el-Shouf + Maasser esh-Shouf + Baadarane + Batloun

Theme: Natural resources advisedly used

Type of visitors: School groups

Number of participants: 30 students + 4 adults

Day1: Similar to Package A

Dinner at a local guesthouse in Maasser esh-Shouf

Overnight at Auberge St Michel in Maasser esh-Shouf

Day 2:Arrival to Baadarane

Activity 1: Discover the old typical grapes **molasses press house**, and learn about the process of producing molasses with human muscles power and bio-mass fire providing from grapes pruning and gardens clearing.

Activity 2: Discover the old typical **weaving loom**, and learn how it works with human muscles power (without the use of electric power)

Lunch: Typical meal at a local guesthouse in Baadarane

Activity 3: Play and Discover the **bio-mass production** at Batloun sustainable management forest site. Back to school.











Package C: 3 Days / 2 nights

Destination: Al-Shouf Cedars Nature Reserve + Barouk + Jdeidet el-Shouf +

Maasser esh-Shouf + Bisri + Eshmoun + Awwali

Theme: Water cycle from snow to sea

Type of visitors: School groups

Number of participants: 30 students + 4 adults

Day1:

Arrival to Al-Shouf Cedars **Nature Reserve** at Aain Zhalta entrance

Activity 1: Discover the snow on **Barouk mountain slopes**.

Activity 2: Discover Nabaa Jeiti and learn how the underground water gushes out of the soil.

Activity 3: Walk in the **cedar forest** and learn the importance of the trees to water infiltration into the soil

Lunch at Farmville

Activity 4: Discover Nabaa el-Barouk spring

Activity 5: Discover the **small water dams built** (human intervention) by the SBR on the seasonal streams to feed underground water

Dinner and overnight at Auberge St. Michel in Maasser esh-Shouf











Day 2: Arrival to Jdeidet el-Shouf

Activity 1: Walk on the trail and discover the **riparian ecosystem** of the Barouk river and the typical cultural landscape of the valley, and understand the irrigation system functioning by gravity.

Activity 2: Understand the use of water as a renewable energy in the old typical water mills

Lunch: traditional meal at the a local typical farmhouse

Activity 3: Learn the basics of bio-farming.

Activity 4: Visit the **Man'ousheh Museum**, and discover the process of the oregano from terraces to table.

Day 3: Activity 1: Walk on the Barouk - Bisri trail

Lunch sandwiches prepared by the Women Association

Activity 2: Discover **Eshmoun archeological site** located near the Awwali river, and understand the healing importance of water to the Phoenicians with their healing God, Eshmoun.

Activity 3: Discover the Awwali river and its mouth on the Mediterranean sea.

Back to school

Package D: 1 Day

Destination: Jdeidet el-Shouf

Theme: Traditional food











Type of visitors: Families – Hikers – Youth groups – Lebanese Diaspora Number of participants: 16 Arrival to Jdeidet el-Shouf Activity 1: Visit the **Man'ousheh Museum**, and discover the process of the oregano from terraces to table; and have breakfast on site. Activity 2: Discover a Lebanese typical farm. And learn about the Lebanese backyard garden (al ba'dounseh plots + seasonal vegetables squares + pomegranate tree + fig tree) Activity 3: Vegetables and herbs picking Activity 4: Prepare your own meal with a traditional recipe at a local guesthouse Lunch Activity 5: Learn about the **electric renewable energy power plant** of the municipality Activity 6: Visit the Martyrs' garden in Semqaniyyeh Back to Beirut











Appendix D

A copy of the committee.